



Learning Opportunities for Grade 1

Week of April 13th

School Vision: *Motivating, Compassionate, Successful*

School Mission: *Making a difference....Committed to learning.....Supporting each other*

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Try to work on the learning opportunities for 1 hour each day.

MATH:

Partner numbers to 10: Practice the numbers that go together to make 10.

Ideas for activities:

- Show your child some of your fingers, have them tell you how many fingers you will need to make 10. For example, show them 3 fingers and they will say 7. Do several different examples.
- Using toys (ex: cars, dolls, Lego pieces) give your child a number and have them show you the other number using toys that make 10. Do several different examples.
- Using sticky notes or pieces of paper, write each number 0 to 10 on it's own pieces of paper twice (ex: 1,1,2,2,3,3), have your child match the numbers that make 10.

0 + 10	6 + 4
1 + 9	7 + 3
2 + 8	8 + 2
3 + 7	9 + 1
4 + 6	10 + 0
5 + 5	

Doubles Facts to 10 + 10: Practice the doubles facts to 10 + 10

Ideas for activities:

- Using paper have your child make a set of cards with the doubles facts to 10 + 10 and a set with just the answers to the facts. Use the cards to play a memory matching game. Put all cards (facts and answers) face down on the table. One player will turn over 2 cards to try to find the double fact and its answer. If a match is not made, the cards are returned to their spot and it's the next players turn. Keep playing until all the facts are matched with their answer.
- Challenge a family member to a fact relay. Have someone call out a double fact, first person to say the correct answer gets a point. First person who can get 10 points wins.
- Show doubles with toys. Have your child show a set of items in 2 groups to show doubles. (ex: a group of 7 cars and another group of 7 cars, $7 + 7 = 14$)

then count the total cars

Links to some doubles songs:

<https://www.youtube.com/watch?v=8jOzhiACB68>

<https://www.youtube.com/watch?v=4U2QLiqripY>

$0 + 0 = 0$	$1 + 1 = 2$	$2 + 2 = 4$
$3 + 3 = 6$	$4 + 4 = 8$	$5 + 5 = 10$
$6 + 6 = 12$	$7 + 7 = 14$	$8 + 8 = 16$
$9 + 9 = 18$	$10 + 10 = 20$	



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LITERACY

Writing (15 -20 minutes a day): This is something students do independently so little or no intervention or guidance should be required.

Some writing prompts to consider if students are having a difficult time starting:

- What is something you miss at school?
- Tell me about the last time you played outside.
- What is your favorite activity to do in the Spring?

While writing students should keep in mind proper spacing between words, end punctuation, capital letters and paying attention to spelling. It is not necessary that the words are spelt correctly but that they are trying to sound the words out and are phonically correct (you are able to figure out what word they are trying to spell).

Word Work: how many short **a** vowel words can you write? The short **a** sound sounds like **apple, hat, sat.**

Students can then make sentences with those words; for example, "I like to eat apples."

Speaking and Listening (10-15 mins)

Using books that you have at home **or a read-aloud** from Tumblebooks

<https://www.tumblebooklibrary.com/Home.aspx?categoryID=77> , have your child retell the story for you afterwards. It is important that they include the setting (when and where the story took place), the characters, the problem (if there is one), the events that occurred in the order they happened and the conclusion. Attached is a SCOOP poster that students can use to help them retell the story. Parents or siblings can read aloud while the student does the retell or he/she can read themselves and retell the story to the listener.

Independent Reading (15 minutes each day):

Students need to be able to read to self with stamina for 15 minutes. This means, their eyes are in their own books the entire time, there is no conversation and their bodies stay in one spot.

Options for reading material:

Books at home

Epic- online guided reading level books that you can access at home.

If you would like access to Epic, please e-mail your son/daughter's full name and your e-mail address to your homeroom teacher

Danielle.kitchen@nbed.nb.ca

Chala.mortensen@nbed.nb.ca

Sarah.atherton@nbed.nb.ca



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and your child will be added to the roster for free access until June 30th. You will be e-mailed instructions on how to proceed creating an account and how to log in.

When listening to your child read, give them time to think of and use reading strategies without immediate help. We will send the reading strategies at a later date.

FREE PLAY

This is a suggestion; we know many students are already playing but if you find yourself in need of something new to do please feel free to use our free play idea.

“Hot or Cold” hid and seek: this can be done with a person or an object. If you were playing with an object have a parent or sibling hide an object outside while your student is counting to 20 (or any number you choose). As the student tries to find the object give them clues by saying “hot” if they are getting closer to the object or “cold” if they are moving away from the object. Once your student finds the object switch and let your student hide the object and then give you “hot” and “cold” clues.

PHYSICAL EDUCATION

Please find some activities that can be done this week at home to help with Physical Education At Home Learning. Take advantage of this time to participate and model physical activity with your family.

Throwing and Catching

Find a safe object to practice throwing and catching (a small ball, a pair of socks rolled into a ball, crumpled up paper). Try these challenges! Do 10 of each.

1. Toss with your favourite hand and catch with both hands
2. Toss with Right hand then catch with Right hand
3. Toss with Left hand then catch with Left hand
4. Toss from Right hand to Left hand
5. Toss Left hand to Right hand

Too EASY?? Try standing on 1 foot or try with your eyes closed.

How many catches can you and a family member complete in a row? 20? 40?

Dice Fitness

Roll a die, add the number rolled by your age and perform an exercise (jumping jacks, push-ups, 1 foot balance, burpees, cross body crawl, toe touches, alternate toe touches, sit ups/curls, leg lunges, squats, leg lifts) that you picked to match with the number on your die. If you do not have dice at home, you can make dice! All you will need is paper, scissors, tape and a pencil to make the dots with! Dice have 6 sides.

Walk

While keeping 2 meters social distance from others, go for a 15-20 minute walk with a family member around your neighborhood. For each block pick a different locomotor movement. Try skipping, two-foot jumps over cracks in the sidewalks/side of road, leap over puddles, shuffle or gallop. We had been working on increasing the number of minutes that we can sustain participation.



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Dance

Dancing is such a great way to increase your cardiovascular endurance. Turn on your favourite song and dance like no one is watching. Or dance with the dancers on Just Dance.

Just Dance - https://www.youtube.com/playlist?list=PLQh0p9r_deuAzE7WlerEar7HZVv23Wd1

Stretch

Stretching enhances your flexibility, strength, coordination, and body awareness. Try to make all of the letters of the alphabet with your body! How long can you keep your balance for each letter? Cool down with some of your favourite stretches!

Mindfulness

This is a stressful, anxious time for everyone. We can choose to find the good in every situation. Write down 3 things you are grateful for today and share with your family.

GoNoodle

A great resource that many teachers use and that students enjoy is **GoNoodle**. Currently, there is an At Home version that could be used at any time during the day to have students active and engaged. <https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/>

As the weather begins to warm, take advantage to go outdoors, while respecting social/physical distancing, to be active in a variety of physical activities: tree climbing, walking, jogging, biking, jump rope.

Stay Active and Stay Safe!

If you have any questions, please contact me at Nathan.king@nbed.nb.ca

OTHER

April 13th – 17th, 2020

Kindergarten and Grade 1

<https://musicplayonline.com>

Musicplay Online is a website that I use regularly in the class for all students K-5. It has hundreds of songs and games for students from PK to Grade 6. Denise Gagne, the creator of all this material, has opened her site with a free student log in. Simply go to the website and your child should be logged in immediately. This is an excellent resource to review all the topics and concepts that we have learned this year. Feel free to play some games (down the right hand side of the page).

If you are able to access this website, there is a blue button on the left hand side of the main page that says **online learning**. Click on that button and it will take you to all the grade level lessons that have been created for this time during Covid 19. It will be labeled Kindergarten Lesson 2 (m. 4) or Grade 5 Lesson 1 (a.1). The m.4 means March Week 4. The a.1 means April Week 1. You could do any lesson at anytime.



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Find Instruments Around Your House – Make a box of instruments

Wood – In the classroom we have instruments like tick tock blocks, rhythm sticks or tone blocks that are made of wood. Look around your house and see if you can find anything that you could use as a wood instrument. A couple of suggestions would be wooden spoons or popsicle sticks.

Metal – Tambourines, cymbals and jingle taps are metal instruments at school. Do you have anything at home made of metal that you could use as an instrument? Spoons, pots and pans or a cookie sheet would be a few suggestions. Can you find anything else?

Drums – This is probably my favorite group of instruments. I don't have a lollipop drum at home, but I do have plastic bowls that I could turn upside down to use as a drum. What can you find?

Shakers – I don't have any egg shakers or maracas at my house, but this is a simple type of instrument to make. Put some rice or macaroni or beads into a little container that has a lid. Instant shaker! Can you think of a different way to make a shaker?

If it's ok with your parents, place all your "found" instruments into a box or bin. Try to keep them in one place. **Game** - Have someone in your family take an instrument out of the box while you are hiding your eyes. Try to guess what they are playing without peeking. Then do the same thing to your parents or brother or sister and see if they can recognize the instrument you played. If this is too easy, play two or three instruments in a row.

If you have access to musicplayonline.com, search the song **Play and Stop**. It will be the first song in the list after searching. Pick up an instrument and play when there is singing and then stop when it tells you too. If you can't access this through the internet, use any song and have a parent or sibling pause the song when they want you to freeze and stop.

Have fun and DON'T STOP MAKING MUSIC!!

If you have any questions, please contact me at karyn.macleod@nbed.nb.ca

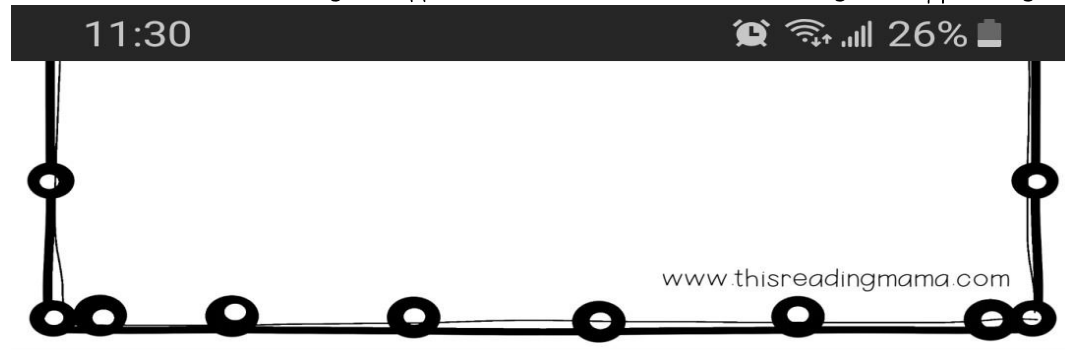


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What's the **SCOOP**?



1. Setting

Tells WHEN and WHERE



2. Characters

WHO is in the story?

3. Oh no! (the problem)



What is the PROBLEM in the story?

4. Order of Events

Tell the story IN ORDER.

1 2 3

5. Problem Solved



How is the problem solved or fixed?

I can retell a story!

www.thisreadingmama.com

What's the **SCOOP**?

